

Safety Top Dog® Awards Program



WIN \$10,000

1

Successfully complete at least 1 Safety Quiz per quarter. You'll receive a \$20 safety bonus in your paycheck. (Passing score is 70%. Limit one \$20 bonus per quarter - \$80 total per year!)

2

Those drivers who successfully complete all 3 quizzes in a given quarter, who remain actively employed and in good standing, will be entered for a chance to win a \$250 quarterly safety bonus!

3

Remain actively employed and in good standing as a TLC driver and you'll qualify for the Safety Top Dog® grand prize of \$10,000! Safety Top Dog® grand prize is awarded annually in May & announced in the June Driver Newsletter.

BE SAFE

\$10,000



PARTICIPATE

Driver Safety is #1

Safety Information &
Safety Top Dog® Program Overview

TLC
COMPANIES

3 Key Safety Focuses



Slips, Trips & Falls

Many accidents occur while entering/exiting the cab, climbing on/off the trailer, walking around the truck/trailer, loading docks, etc. Always follow the three-point contact rule - have two hands and one foot or two feet and one hand at all times in contact and you'll greatly increase your chances for staying safe! Wearing non-slip foot wear is also important in preventing such injuries.

Material Handling

If you'll be directly handling material, you'll want to know best practices to prevent strains, sprains, over-exertion and struck-by or against accidents. Learn how to handle & move materials, trailer doors, securement materials (cheater bars, load locks, binders, chains, straps, tarps, etc.) with TLC's Flatbed Program.



Motor Vehicle Accidents

Don't be a distracted driver! Be aware there are new regulations, especially with regards to hands-free cell phone use, no texting, and 100% compliance wearing seat belts. Along with many defensive driving and other programs offered through outside companies and through your Motor Carrier, TLC will also be offering additional programs focused on motor vehicle accident prevention. Look for this information in upcoming newsletters!

Be Proactive for a Safer You!

Injury prevention is paramount to you and your family.

- More than 90% of the accidents we analyze each year come from causes listed above.
- Avoiding distractions and practicing safe habits can prevent many injuries.
- It pays to be safe! Getting involved in TLC's Safety Top Dog program pays!

Remember, you are the captain of your own truck, so make good decisions for your safety and the safety of others!



Keep Up-to-Date!

Driver Newsletters keep you in touch with new regulations & injury prevention.

Each month you'll receive a driver newsletter in your paystub. There will also be a quiz covering the topics in the current newsletter

Each quarter submit answers to at least one quiz to receive the \$20 bonus. Complete all quizzes in a quarter for a chance to win a \$250 bonus. Even better, if you submit at least 1 quiz per quarter you'll have a chance to win the \$10,000 annual grand prize! See the back of this brochure for details on the **Top Dog® Safety Program!**

Driver Safety is #1!